



Thursday

Learning to bake a Tarte Tatin

Ingredients - Filling:	Syrup:
100g of unsalted butter	2tbsp sugar
150g brown sugar	1tsp olive oil
2bsp golden syrup	Splash of water
6 Royal gala apples	1tsp of cinnamon
1tbsp cinnamon	
Cake Mix:	Custard or cream to serve
1tsp nutmeg powder	
100g granulated Sugar	Equipment:
150g butter	Large mixing bowl
2 eggs	Large frying pan
1 cup self-raising flour	Wooden spoon
Pinch of salt	Teaspoon
1 tbsp baking powder	Round dish
1 tbsp cinnamon	



For more information or resources contact us on 020 7510 1081 or email connecting.communities@mithn.org.uk or visit our website www.mithn.org.uk