

## Get Active Get Involved Feedback – 4<sup>th</sup> October 2019

Navigation - now called: **Connecting with MIND confidence group**

### 1. What does Navigation mean to you?

- Connecting people, supporting someone to access something
- Pointing people in the right direction
- Knowledgeable staff
- Simple language

### 2. Does the group want to name/define the Group:

- Confidence group – connecting with mind

### 3. What would the next steps look like:

- Giving/Sharing information about the group – what time/venue/date of the next meeting

### 4. What resources does the group need to get there:

- Right person to contact when the group members need support
- To be kept in the loop for what else is happening – emails and information can be shared this way

### 5. How does the group think we might achieve a successful group:

- Make sure the navigators have the correct knowledge
- Make sure to give the right information

### 6. How will the group connect to the community:

- Being active in the community means having a place
- Contact list that has a representative from each group/organisation/service that the group members can connect with.

### 7. **How do we become the go to service in Tower Hamlets:** feedback using coloured dots

The main points the group thought were important to focus on to achieve this were:

- Making other agencies aware of the services that are being provided and having a presence in the community
- Advertise on social media
- Target Hospitals/GPs, libraries and other local communities.

### Date and times of hub sessions & logistics:

- Avoid Friday mornings
- Discuss with service users what the right time is