



## Tower Hamlets Recovery and Wellbeing Service

We are delighted to inform you that from August 26th 2019 we be delivering a new and exciting service supporting people with mental health living in Tower Hamlets.  
 More exciting updates to follow.



Our Service will include:

First Point of Contact for local people with mental health issues ensuring that people access the right support at the right time.

Delivery of recovery groups, events and activities in partnership with people with lived experience.

Developing a strong involvement and coproduction model across mental health services.

We will be holding some local Forums and discussion groups over the next few months to engage with local people and to ensure that our service model fits with local needs.

Please do contact us for more information if you need to:  
 Mind in Tower Hamlets and Newham  
 13 Whitethorn Street,  
 London E3 4DA

Tel: 020 7510 1081  
 Web: [www.mithn.org.uk](http://www.mithn.org.uk)